

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Cheese &amp; Bacon Naan Bread</b>	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Croissant</b>	Yes	Yes	No	May	May	No	Yes	No	No	May	Yes	May	May	May	May	May	May	May	May	May	May	No	No	No	No	No
<b>Double Hash Brown</b>	May	May	No	No	No	No	May	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Pancakes - Plain</b>	Yes	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Popcorn Chicken</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No
<b>Sausage Roll</b>	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

Menu Group: **Main Meals Week 1 w/c 30th Aug,6th**

**Sept, 27th Sept, 18th Oct, 15th Nov, 6th Dec, 10th Jan,**

**31st Jan Menu: Any Menu**

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Baked Beans</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Beef Burger (H)</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
<b>Beef Burger (NH)</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
<b>Bolognese Pasta Bake</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Broccoli</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Carrot Batons</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Cheese Beef Burger (H)</b>	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
<b>Cheese Beef Burger (NH)</b>	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
<b>Corn on the Cob</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Cumberland Sausages (VE)</b>	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
<b>Farmhouse Mixed Vegetables</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Gravy</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Mash Potato</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Mediterranean Pasta Bake (V)</b>	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Mexican Beef Enchiladas</b>	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Mexican Style Enchiladas (V)</b>	Yes	Yes	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Pork Sausages</b>	Yes	Yes	Yes	Yes	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No
<b>Potato Wedges</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Roast Chicken</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Roast Potatoes</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Roast Quorn Fillet (V)</b>	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Selection of Desserts</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Skin on Fries</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Spinach &amp; Falafel Burger (VE)</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No
<b>Sweetcorn</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Yorkshire Pudding</b>	Yes	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

Menu Group: **Main Meals Week 2 13th Sept, 4th Oct, 1st**

**Nov, 22nd Nov, 13th Dec, 17th Jan, 7th Feb** Menu: **Any**

Menu

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
50/50 Rice	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Baked Beans	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
BBQ Chicken Thighs	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
BBQ Quorn (VE)	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Broccoli	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Buttermilk Chicken Burger in a Bun	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	May	No	No	Yes	Yes	No	
Cauliflower	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Cheese & Broccoli Puff (V)	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Chicken Tikka Masala	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Corn on the Cob	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Gravy	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Mac 'N' Cheese	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Mixed Vegetables	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Onion Bhaji Burger (VE)	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
Peas	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
Potato Dippers	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Potato Wedges	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Roast Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Roast Turkey	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Selection of Desserts	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Spaghetti Bolognese	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Sweet Potato, Quorn & Butterbean Tikka Masala (V)	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Yorkshire Pudding	Yes	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

Menu Group: **Main Meals Week 3 w/c 20th Sept, 11th Oct, 8th Nov, 29th Nov, 3rd Jan, 24th Jan** Menu: **Any Menu**

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
50/50 Rice	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Baked Beans	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Battered Fish	Yes	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Beef Lasagne	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Broccoli	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Carrot Batons	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Chicken Korma	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Garlic & Coriander Mini Naan Bread	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Gravy	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Green Beans	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Lasagne (V)	Yes	Yes	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Peas	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Quorn Korma	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Roast Chicken	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Roast Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Roast Quorn Fillet (V)	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Selection of Desserts</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Shepherdess Pie (VE)</b>	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Shepherds Pie</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Skin on Fries</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Southern Style Burger (V)</b>	Yes	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	May	May	No	No	No	No
<b>Sweetcorn</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Yorkshire Pudding</b>	Yes	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Buttermilk Chicken Burger in a Bun</b>	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	May	No	No	Yes	Yes	No
<b>Jumbo Sausage Baguette</b>	Yes	Yes	Yes	Yes	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	May	Yes	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
BBQ Chicken Wrap	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Cheese Pizza Slice (V)	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Baked Beans	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Baked Beans & Cheese	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Cheese	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato With Cheese & Coleslaw	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Coleslaw	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Tuna Mayonnaise	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Nacho's	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Pepperoni Pizza Slice	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Piri Piri Chicken Wrap	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Vegetable Spring Roll (V)	Yes	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Veggie Burrito (V)</b>	Yes	Yes	Yes	Yes	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>White Baguette Buttered</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
<b>Malted Wheat Baguette Buttered</b>	Yes	Yes	Yes	Yes	No	No	No	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Cheese Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
<b>Cheese Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Cheese Baguette (White Baguette) VE</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
<b>Cheese Baguette (Malted Wheat Baguette) VE</b>	Yes	Yes	Yes	Yes	No	No	No	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Chicken Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No
<b>Chicken Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	No	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Chicken Mayonnaise Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Chicken Mayonnaise Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	Yes	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Chicken, Bacon &amp; Sweetcorn Mayonnaise Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No
<b>Chicken, Bacon &amp; Sweetcorn Mayonnaise Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	Yes	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Crispy Chicken Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	Yes	No	No
<b>Crispy Chicken Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	No	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No
<b>Southern Coated Chicken Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	May	No	No	May	No	No
<b>Southern Coated Chicken Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No
<b>Ham Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Ham Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	No	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Tuna Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No
<b>Tuna Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	No	Yes	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Tuna Mayonnaise Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No
<b>Tuna Mayonnaise Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Tuna, Sweetcorn &amp; Mayonnaise Baguette (White Baguette)</b>	Yes	Yes	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	May	No	No	No	No	No
<b>Tuna, Sweetcorn &amp; Mayonnaise Baguette (Malted Wheat Baguette)</b>	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Cheese Pasta Pot</b>	Yes	Yes	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Chicken Pasta Pot</b>	Yes	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Tuna Pasta Pot</b>	Yes	Yes	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Cheese Salad Box</b>	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Cheese Salad Box (VE)</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Char-grilled Chicken Salad Box</b>	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Ham Salad Box</b>	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Plain Salad Box</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Tuna Salad Box</b>	No	No	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
Jacket Potato with Baked Beans	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Baked Beans & Cheese	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Cheese	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato With Cheese & Coleslaw	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Coleslaw	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Jacket Potato with Tuna Mayonnaise	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Half Jacket Potato With Baked Beans	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Half Jacket Potato with Baked Beans & Cheese	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Half Jacket Potato with Cheese	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Half Jacket Potato With Cheese & Coleslaw	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Half Jacket Potato with Coleslaw</b>	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Half Jacket Potato with Tuna Mayonnaise</b>	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
Beef Bolognese Pasta Pot	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Beef Bolognese Pasta Pot with Cheese	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Beef Chilli Pasta Pot	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Beef Chilli Pasta Pot with Cheese	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Beef Chilli Rice Pot	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Cheese 4 Mac Pasta Pot (V)	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Cheese 4 Mac Pasta Pot (V) with Cheese	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Chicken Fajitas with Noodles (H)	Yes	Yes	No	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Chicken Fajitas Pasta Pot (H)	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Chicken Tikka Masala Pasta Pot (H)	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Chicken Tikka Masala Rice Pot (H)	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
Herby Tomato & Beef Meatball Pasta Pot	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Katsu Chicken Curry Pasta Pot (H)	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Katsu Chicken Curry Rice Pot (H)	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Mascarpone Tomato & Basil Pasta Pot (V)	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Nepalese Curry Pasta Pot (V)	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Nepalese Curry Rice Pot (V)	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Pasta Pot	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Pasta Pot with Cheese (V)	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Pepperonata Pasta Pot (V)	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Ratatouille Pasta Pot (VE)	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Ratatouille Rice Pot (VE)	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Tomato & Chorizo Pasta Pot	Yes	Yes	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Veggie Chilli with Noodles (V)</b>	Yes	Yes	No	No	No	No	May	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Veggie Chilli with Pasta (VE)</b>	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
Apple	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Green Apple	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Banana	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Oranges (Small)	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Double Choc Cookie	Yes	Yes	No	No	No	No	May	No	No	Yes	Yes	May	May	May	May	No	May	No	No	No	No	No	No	No	No	No
Milk Chocolate Cookie	Yes	Yes	No	No	No	No	May	No	No	Yes	Yes	May	May	May	May	No	May	No	No	No	No	No	No	No	No	No
White Chocolate Cookie	Yes	Yes	No	No	No	No	May	No	No	Yes	Yes	May	May	May	May	No	May	No	No	No	No	No	No	No	No	No
Sugared Ring Doughnut	Yes	Yes	No	No	No	No	May	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Grape Fruit Pot	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Melon Fruit Pot	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Orange Fruit Pot	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Pineapple Fruit Pot	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Orange Jelly (V)	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Raspberry Jelly (V)	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
<b>Strawberry Jelly (V)</b>	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Raspberry Yoghurt</b>	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Strawberry Yoghurt</b>	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
<b>Peach &amp; Passionfruit Yoghurt</b>	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.

	Gluten	Gluten: Wheat	Gluten: Rye	Gluten: Barley	Gluten: Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Nuts: Almond	Nuts: Hazelnut	Nuts: Walnut	Nuts: Cashew	Nuts: Pecan	Nuts: Brazil	Nuts: Pistachio	Nuts: Macadamia	Sesame seeds	Sulphur dioxide	Molluscs	Celery	Mustard	Lupin
Apple Fizz	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Apple Juice	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Apple Still Radnor	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Forest Fruit Fizz	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Forest Fruit Still Radnor	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Milk Shake Banana	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Milk Shake Chocolate	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Milk Shake Strawberry	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Orange Juice	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Peach Fizz	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Raspberry & Cherry Still Radnor	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Semi Skimmed Milk	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Tropical Fizz	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Water 330ml Still	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Water 500ml Still	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Note: If a supplier has not provided the source of Gluten or Nut allergens, then all sources will be flagged with 'contains' or 'may contain' as appropriate.